

Skincare, Waxing, and Body Treatments

Finding Your Beauty From The Inside Out



Hilary Shea, Licensed Esthetician

Hilary Shea comes to us from San Diego, California. She obtained a Bachelor's degree from Sonoma State in Business Marketing. She stumbled upon True North while searching for meaningful work.

While she started at TrueNorth in the administrative department her career took a turn during a 10 day fast where she decided to obtain an Esthetics License to become TrueNorth's first esthetician. Little did she know that bringing the reputable Hungarian Eminence Organics Skincare Line to TrueNorth, she would also have the opportunity to travel, train and work with International Trainers and Sales Representatives. The knowledge and experience she has with European facial massage and product knowledge allows patients to experience relaxing and therapeutic treatments before, during, and after their stays. Patients can book a variety of facials, body scrubs and body waxing while and after their stay at True North. She can also recommend and customize a specific skincare program to meet your needs.

Services

- **Deluxe Facial** - Relish in spending a full 90 minutes with Hilary addressing all of your skin care needs. Facial Includes scalp massage, arm, neck and hand massages and most importantly targeted European Facial Massage all throughout the Facial. With this facial various elements may be included based on your skin type including High Frequency, Microcurrent, Stimulating Peels, Masques and Lip Treatments. Ending with a lovely foot scrub, massage and warm towel applied to your feet you will truly leave this facial feeling your absolute best. **\$170**
- **The Ultimate Facial** - The Ultimate is a truly luxurious experience. Spend 75 minutes with your esthetician addressing all your skin concerns. Facial Includes scalp massage, arm, neck and hand massages and most importantly targeted European Facial Massage all throughout the Facial. With this facial various elements may be included based on your skin type including High Frequency, Microcurrent, Stimulating Peels, Masques and Lip Treatments. Ending with a lovely foot scrub, massage and warm towel applied to your feet. You will leave feeling completely pampered and looking absolutely radiant. **\$150**

- **Signature Facial** - The Signature is the most popular facial. Have a full 50 minutes with Hilary to address skin concerns with a head massage, double cleansing, exfoliating treatment, extractions, and targeted masks to nourish and revitalize the skin. Elements of massage will carry throughout the service to help you relieve stress, relax your muscles, and boost circulation. With this facial various elements may be included based on your skin type including High Frequency, Microcurrent, Stimulating Peels, Masques and Lip Treatments. Finish with a serum, moisturizer, and eye cream, expertly chosen for you. This Facial will also end with a lovely warm towel applied to your feet completing the service. **\$95**

- **Express Facial** Get your skin glowing instantly with this quick 25 minute appointment. Treatment includes cleansing, removal of dead skin cells with an exfoliating treatment, followed by a targeted masque, serum, moisturizer, and eye cream, to feed your skin exactly what it needs. This facial is great for those on the go, or as maintenance in between more intensive facials. **\$55**

- **Signature Body Scrub** Leave this 50 minute treatment with your skin glowing by removing dead skin cells with a Korean inspired exfoliating treatment, followed by a polishing Eminence Sugar Exfoliating Scrub. Eminence Apricot Body Oil and Stone Crop Lotion is then generously massaged and applied to your entire body. This treatment is especially wonderful before or after your fast. **\$100**

- **Express Body Scrub** - An Express Body Scrub is everything the Signature Body Scrub is however it applies to half of your body of your choosing done in 25 minutes. **\$55**

- **Waxing** - Brow **\$25**; Lip **\$10**; Chin **\$10**; Face **\$50**; Underarm **\$25**; Half Legs **\$40**; Half Arms **\$40**; Back **\$65**; Bikini **\$45**; Brazilian **\$65**.



TRUENORTH HEALTH CENTER™

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